

# Salford All Age Carers Strategy

## April 2019 – 2024

An Integrated Commissioning approach:  
how we plan to make life better for carers in Salford

September 2019

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# Carers Definition

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**A carer** is anyone who cares, unpaid, for a friend or family member who due to illness, disability, a mental health problem or an addiction cannot cope without their support. (Carers Trust)

**A young carer** is someone under 18 who helps look after someone in their family, or a friend, who is ill, disabled or misuses drugs or alcohol. (Carers Trust).

“We need a central point of contact to either ask for help, raise questions or sign posting to the right service” *(survey)*

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# Salford Carers

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- 12.2% (24,188) of the Salford population (aged 16+) are carers (Census 2011)
- Estimates gives a figure of 860 young people aged 5-17 years who are carers within Salford (Census 2011)
- A survey of young carers carried out by the BBC in 2010 found that 8% of young people were carers (Carers Needs Assessment 2019)
- Majority of carers provide between 1 and 19 hours care week (Carers Needs Assessment 2019)
- Numbers of people providing care rose by 12.7% between 2001 and 2016 (Carers Needs Assessment 2019)
- In Salford 57% of carers are women and 43% men (Carers Needs Assessment 2019)

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# Carers Steering group

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- Salford CVS
- Salford Age Uk
- HealthWatch Salford
- Salford Carers Service
- Greater Manchester Mental Health NHS Foundation Trust (GMMH)
- Salford Care Organisation
- Salford Public Health
- City West Housing Trust
- Salford Parent Voice
- Salford Adult Social Care (ASC)
- Salford City Council
- Carer Social Workers
- CCG Communications & Engagement team
- Salford Royal NHS Foundation Trust
- Clinical leads
- Primary Care
- Integrated Commissioning for Adults
- Children's Commissioning

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# Strategy Development

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The strategy has been informed by a range of information about carers in Salford from the following sources:

- Carers engagement – hearing the lived experience of carers across Salford
- Analysis of current service data on Salford Carers collected by Gaddum
- GM Carers consultation - Survey of Adult Carers in England (SACE) 2016
- Census 2011
- Reviewing and projecting 30 years of population growth and demographic change in Salford (2007 to 2036)
- All the above has been collated into the Carers Needs Assessment report
- Salford has also fully adopted the [GM Exemplar Model for Carer Support](#)



“Without going to young carers, I wouldn’t have any friends” *(GM Young Carers Survey)*

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# Our vision

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1. A 'carer friendly' city where the diversity of our carers is recognised and key partners from health and social care work together to ensure that a carer's wellbeing is maximised through appropriate and accessible support offering the right support at the right time.
2. We want all carers in Salford to be supported and empowered to continue on their caring journey in the way that they choose.

"I've just had a carer's assessment and waiting to hear if there is any support available. It did make me feel better to offload on someone"

*(YANA group)*

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## Aim of Strategy

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- To reflect the lived experience of carers across Salford.
- To give an overview of local and national policy drivers to inform Salford priorities.
- To evidence how our priorities in Salford have been created through reviewing current provision and hearing the experiences of carers in Salford.

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## Objectives

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In line with the GM Carers Charter, Salford's objectives are as follows:

- 1: Identifying Carers
- 2: Improving Health and Wellbeing
- 3: Carers as Real and Expert Partners
- 4: Right Help at the Right Time
- 5: Young Carers and Young Adult Carers
- 6: Carers in / into Employment

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# Principles

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The following principles will inform our approach to working with carers in Salford.

Carers will:

- Have choice and control about their caring role
- Be valued and respected as expert care partners
- Be supported to have a life of their own alongside their caring role
- Be supported in a range of ways emotionally and practically
- Be supported so that they are not forced into financial hardship by their caring role
- Be supported to stay mentally and physically well and will be treated with dignity
- Young people will be supported to undertake an agreed and appropriate caring role to support their need to learn, develop and thrive and to enjoy positive childhoods



“The support gave me my life back”

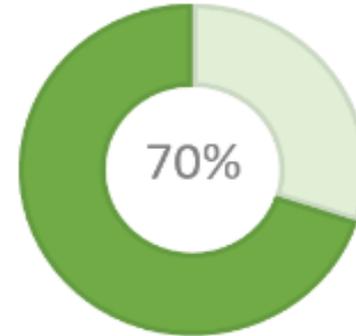
# Impact of Caring

Nationally, there are an estimated 6.5 million unpaid carers, accounting for 1 in 8 adults and estimates suggest they save the state £119 billion a year (Valuing Carers 2011)

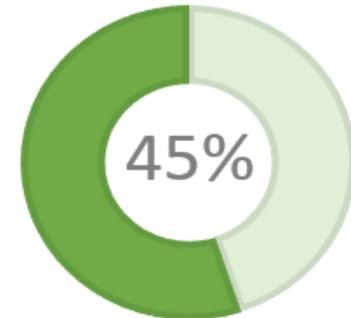
Cost of caring on individual can be extremely high, impacting on:

- Emotional health and wellbeing
- Physical health
- Finances
- Isolation / Social life
- Education
- Employment

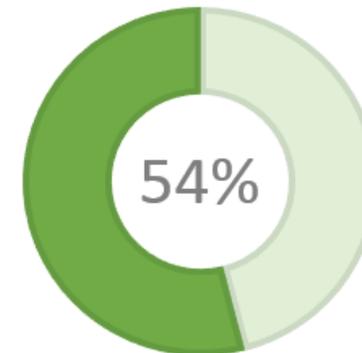
77% of carers felt more anxious and over  $\frac{1}{4}$  of young carers struggle to do well in school because of caring



70% of carers were over £10,000 worse off as a result of reduced earnings



45% of carers said their financial circumstances were affecting their health



54% of carers have suffered depression because of their caring role

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# Support for Salford Carers

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Current provision:

- Carer's assessments
- Carer's Personal Budgets (CPBs) and Direct Payments
- Salford's Carers Service
- Carer Support in Secondary Care
- Support for Carers in mental health services
- Support for Carers caring for a person with dementia
- Support for Carers provided by the Voluntary Sector
- Young Carers & Young Adult Carers
- Carers' Social workers in Adult Social Care
- Supporting Working Carers

We get our  
information from our  
group and the others  
in the dementia  
community  
*(Dementia Champions  
Group)*

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# Key areas identified

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- **Identification of carers:** in order to reach more carers
- **Carers Assessments:** to increase the number of assessments and take a strength based approach
- **Carer's Personal Budgets/Direct Payment:** to increase choice and control of care service offer
- **Respite breaks:** to provide a more flexible and reliable offer
- **Better access to support groups:** to ensure services are closer to people's homes
- **Young carers & young adult carers:** including better support for them in schools and a new standard for GPs to identify young carers.
- **Professionals that are carer aware and knowledgeable of local services**
- **Carer's pathway:** to enable timely and appropriate access to the right professionals
- **Better access to training for carers**
- **Communication strategy:** to raise the profile of carers in Salford

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# Next Steps

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- All Age Carers action plan - developed by the carers steering group and Salford Carers
- The carer's steering group, with representation from all key partners will meet regularly to monitor the implementation of the action plan and ensure that the views of carers are informing all developments.
- Governance of the carers' strategy will be through the Adults Commissioning Committee where six monthly updates on the implementation of the strategy and action plan will be given.

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# Next Steps

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- **Co-design of an Overarching Action Plan:** will be developed by the Carers Steering Group
- **Taking Action :** linked to the overarching action plan, Partners to develop their own action plans on how they will work towards the vision and objectives of the strategy
- **On-going Engagement with the Community:** To ensure that the strategy is meaningful and makes a difference to local people, engagement with Salford carers and key stakeholders will continue throughout the lifetime of the strategy.
- **Monitoring of the Action Plan:** The Carer's Steering Group, with representation from all key partners will meet regularly to monitor the implementation of the overarching action plan and ensure that the views of carers are informing all developments.
- **Governance of the Strategy and Action Plan:** will be through the Adults Commissioning Committee where six monthly updates on the implementation of the strategy and action plan will be given.