

Partnership Board Overview

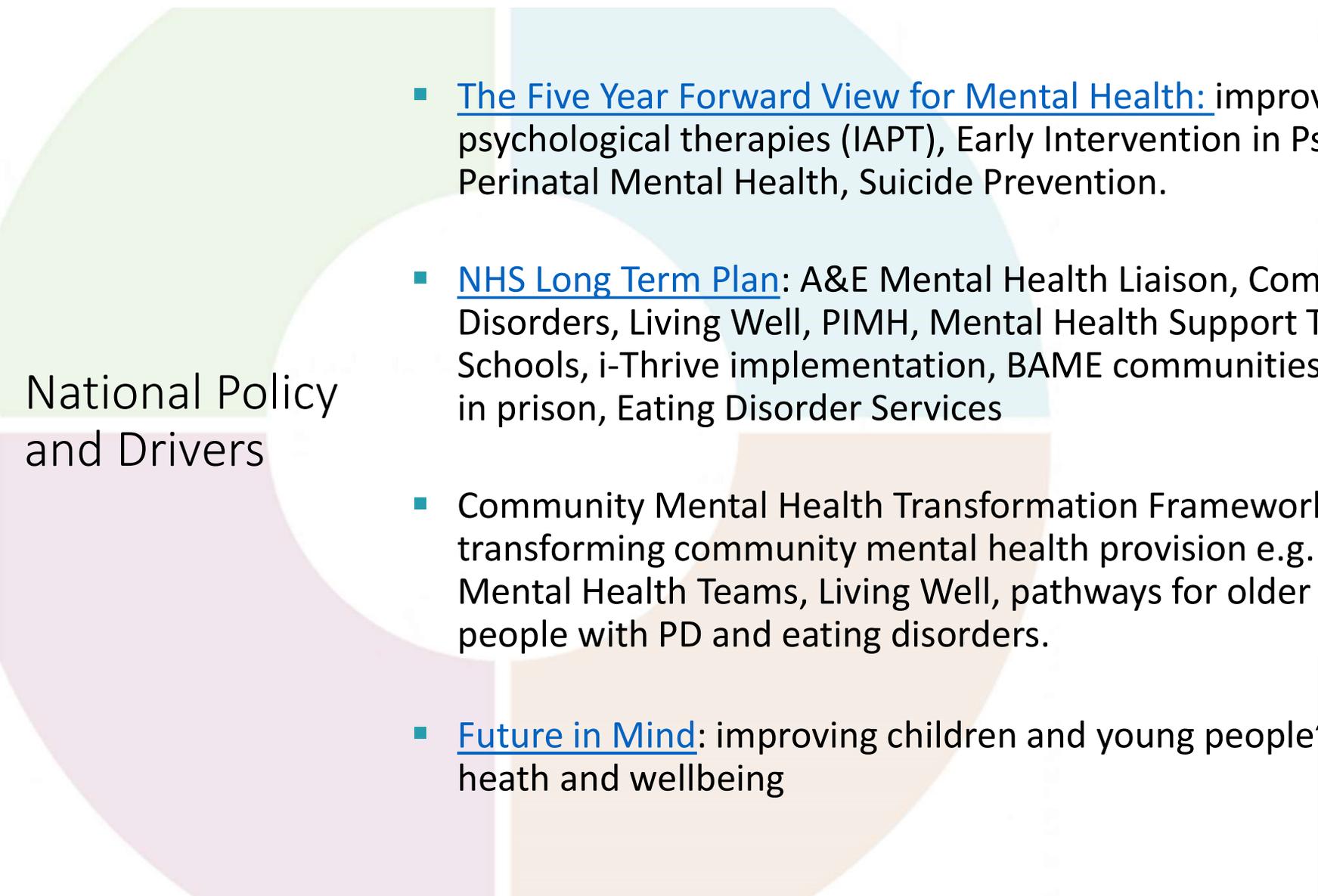


Mental Health

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National Policy and Drivers

- [The Five Year Forward View for Mental Health](#): improving access to psychological therapies (IAPT), Early Intervention in Psychosis, Perinatal Mental Health, Suicide Prevention.
- [NHS Long Term Plan](#): A&E Mental Health Liaison, Community Eating Disorders, Living Well, PIMH, Mental Health Support Teams in Schools, i-Thrive implementation, BAME communities Young People in prison, Eating Disorder Services
- Community Mental Health Transformation Framework: transforming community mental health provision e.g. Community Mental Health Teams, Living Well, pathways for older people, people with PD and eating disorders.
- [Future in Mind](#): improving children and young people's mental health and wellbeing

All Age Mental Health Commissioning Strategy

1. Develop an observable culture shift towards person centered mental health care
2. Build resilience in childhood to improve the ability to manage emotional wellbeing throughout their lives and through to older age
3. Ensure that 'health' includes an equal importance on mental and physical health
4. Identify as early as possible when people need more support to maintain good health and wellbeing
5. Achieve the targets set out in the NHS 5 Year Forward View for Mental Health (5YFV) and the NHS Long Term Plan.
6. Ensure equality of access and promotion of mental health and mental wellbeing services
7. Review and redesign mental health care pathways across the life course
8. Improve how we work together.

Strategy underpinned by all age needs assessment, lived experience and engagement with mental health system (statutory services, VCSE, Mental Health Trusts).

Key Work Programmes & Actions

Suicide Prevention Programme

- Outreach prevention via Start's Reach Out programme – this year focusing on Students and nursing professions
- Training for frontline staff e.g. Health Improvement, Advice services, Food Banks

Review of Adult Mental Health Supported Accommodation

- Reviewing commissioned Adult mental health supported accommodation
- Improving the flow through the system
- Addressing out of area / out of alliance supported accommodation placements

Living Well Programme

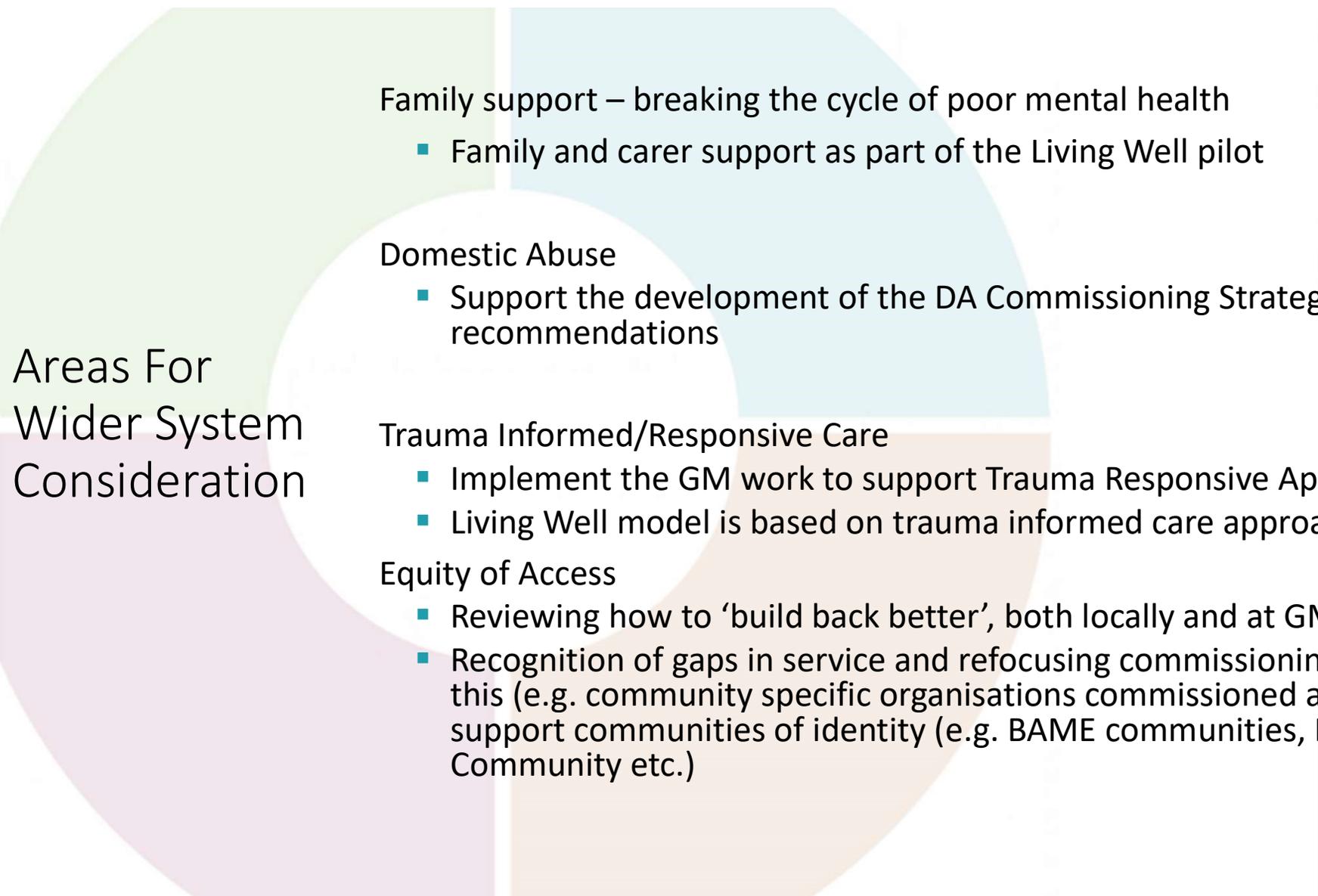
- Pilot MDT in Broughton
- Extended reach mental health practitioners in Primary Care Networks
- Links to Community Mental Health Framework / Redesign

Adult Rehab Pathway

- Reviewing the rehab pathway, including out of area rehab placements.

Salford Thrive

- Thrive in Education: 3-year programme providing support for children and young people's emotional health and wellbeing in school and education settings.
- Salford's Neuro-Developmental Pathway: for children and young people with complex neurodevelopmental difficulties, who require a multi-agency assessment to gain a better understanding of their needs
- Community Eating Disorders Service: integrated eating disorder pathway for young people, with non-interruption of care at age 18 and / or earlier access to adult services if needed
- Parental and Infant mental health: Homestart Baby Bond and Dad's Matter
- Integrated Community Response Service (ICRS): support for young people who may be at increased risk of crisis i.e. missing from home, attending a PRU
- Single point of access (CAMHS): Supports identification of children with emotional / mental health needs at the earliest opportunity



Areas For Wider System Consideration

Family support – breaking the cycle of poor mental health

- Family and carer support as part of the Living Well pilot

Domestic Abuse

- Support the development of the DA Commissioning Strategy and recommendations

Trauma Informed/Responsive Care

- Implement the GM work to support Trauma Responsive Approaches
- Living Well model is based on trauma informed care approaches

Equity of Access

- Reviewing how to ‘build back better’, both locally and at GM
- Recognition of gaps in service and refocusing commissioning to address this (e.g. community specific organisations commissioned at GM level to support communities of identity (e.g. BAME communities, Deaf Community etc.)

What can partners do to support our approaches?

- Promote [5 Ways to Wellbeing](#) within their organisations
- Promote [Connect 5](#): Connect 5 is a mental health promotion training programme that is designed to increase the confidence and skills of front-line staff about mental health and wellbeing, free training is available via the link
- Mental Health First Aid, [Mind in Salford](#) now offer Mental Health First Aid England training for individuals, businesses and organisations in Salford. Mental Health First Aid (MHFA) is an evidence-based internationally recognised training, backed by the Royal Society for Public Health, which teaches people how to spot the signs and symptoms of mental ill health and to provide initial help and support – just like physical first aiders do for people with injuries or physical ill health.
- Supporting staff with Financial wellbeing and Focusing on Workplace Wellbeing and being a Mindful Employer
- Promote the [Shining a Light on Suicide](#) work
- Support staff/clients with Domestic Abuse via the [16 days of action](#) website
- Support staff/clients who may be experiencing [loneliness](#)

Next Steps & Actions

- **Request for the Board to consider how their wider system and locality connections could help to further work related to these areas of focus.**
- **What actions can be taken forward by Board members / organisations to support the existing approaches?**
- **How can boards support Early intervention**
- **How can Boards sign up to the Trauma Responsive approaches to ensure system buy in and leadership**
- **How can Boards help us to feed back on the provision we have and identify gaps?**
- **How can Boards help us promote access to information such as The [Emotional Health and Wellbeing Directory](#)?**